

# Introductory Crescent Sun Notepad

## Self Care

### Organization

(Aether Vajra)

<div>Green</div> <div>Cleaning and Tidying</div> <div>0000   0000   0000   0000</div> <div>AETHER VAJRA</div> <div>O   O   O   O</div>
<div>Yellow</div> <div>Journalling</div> <div>00   00   00   00</div> <div>AETHER VAJRA</div> <div>O   O   O   O</div>
<div>Orange</div> <div>Planning and Meditation</div> <div>0000   0000   0000   0000</div> <div>AETHER VAJRA</div> <div>O   O   O   O</div>

Fitness

(Aether Vajra)

<div>Green</div> <div>Endurance</div> <div>000   0000   00000   000000</div> <div>AETHER VAJRA</div> <div>O   O   O   O</div>
<div>Yellow</div> <div>Strength</div> <div>0000   0000   0000   0000</div> <div>AETHER VAJRA</div> <div>O   O   O   O</div>
<div>Orange</div> <div>Agility</div> <div>00000   0000   000   00</div> <div>AETHER VAJRA</div> <div>O   O   O   O</div>